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# CHIROPRACTIC

## Chiropractic Knowledge

CHIROPRACTIC is the knowledge not theory or belief of philosophy of cause of disease; the science of knowing how and the art of ability to adjust it. The human brain is where life currents are concentrated. The spinal cord and nerves are the purveyor of this mental force. If brain absorbs, spinal cord conveys, nerves transmit, and tissues, organs and viscera receive this life current, HEALTH is the product. Obstruct the transmission of current and disease is the product! Body plus life equals health. Body minus life equals death. Disease is the abnormal fluctuation between these two qualities caused by varying degress of pressure upon nerves, interfering with transmission. Miss Perry, Chiropractor, knows why, where and how to remove the pressure and permit currents to continue transmission for the purpose of reconstructing disease to health. HEALTH is the restoration of currents; not the stimulation or diminution of how little does exist. Stop taking drugs, they are unnecessary. Avoid the knife, it is useless in 95 percent of cases. If sick, no matter what or where your ailment, mild or severe, investigate. I can prove that Chiropractic is right and applicable to your case.

THERE IS AS MUCH NEED TO USE CARE IN THE SELECTION OF YOUR CHIROPRACTOR AS IN ANY SERVICE, INDEED GREATER NEED. My record of successful achievement stands as a safeguard to you. You can place yourself in my hands with perfect confidence.

I owe my success in Chiropractic, to the fact, that I practice Chiropractic as taught by Dr. B. J. Palmer, D. C., Ph. C., the developer of Chiropractic.

Chiropractic will not mix with any other science and get results, and results are what sick people want.

Historical In 1895 D. D. Palmer discovered the basic principle of Chiropractic. Its crude practice followed until 1903, at which time his son, B.

J. Palmer, D. C., Ph. C., began to formulate the discovery into a Science, Art and Philosophy, and has since developed it into a well-defined nontherapeutic health system which accounts for, locates and adjusts the CAUSE of "disease." Six thousand Chiropractors are now scattered over the world and more than a million persons daily take Chiropractic adjustments. The Palmer School of Chiropractic (Chiropractic Fountain Head), Davenport, Iowa, has a daily clinic of hundreds of patients and a fast growing student enrollment of 600 persons in actual attendance on classes.



Chiropractic is no longer a theory; it is a recognized fact; its followers are increased by hundreds throughout the country daily. When someone is rescued from an untimely grave, or someone afflicted with a chronic disease that has made life a misery to him or her for years and every treatment known to the old profession has been tried and hopelessly abandoned comes to me and by my scientific adjustments is restored to health by nature, is it any wonder that the enthusiasm of such a patient knows no limits and that my practice has grown by leaps and bounds in the last few months in Princeton and vicinity?

#### WHY WAIT?

WHY WAIT?—The usual plan is to try my Chiropractic Adjustments after everything else has failed. Would it not save a lot of unnecessary expense and suffering if you tried my Chiropractic Adjustments first? as Chiropractic is

#### THE GOLDEN GATEWAY TO HEALTH.

Put off no longer the opportunity which thousands of others have found and tested by their experience—their return to health—Chiropractic is your hope.

Do not stand in your own light, as my Chiropractic science overcomes prejudice every day.

You owe it to yourself, your family and friends to know about Chiropractic

# MINNIE A. PERRY, D. C.

OFFICE OVER FIRST NATIONAL BANK BUILDING Phones: Tri-State 334. Rural 93.

**EXAMINATION AND CONSULTATION FREE** 

P. S. We do not use drugs, osteopathy, massage, electric vibrators or adjuncts of any kind. Just Pure, Unadulterated Chiropractic. If you want the best in the Art, Science and Philosophy of Chiropractic, see us.

#### GREENBUSH

Mr. and Mrs. J. Seifert and daughter, Rosie, were entertained on Sunday afternoon at Aug. Bauman's. Mr. and Mrs. Ashaw Reiman and

family spent Sunday with Mr. and Mrs. Marion Shrode in Princeton. Miss Minnie Anderson returned to

Minneapolis on Sunday after spending a week visiting at the Leander home. Mr. and Mrs. Geo. Wilhelm and family spent Sunday at Mille Lacs lake. Mr. and Mrs. W. Edmison and daughter, Erma, spent Sunday evening at Geo. Wilhelm's.

Misses Freda and Margaret Heruth and Albert and Fred Boehm passed Sunday at Elk lake.

The Greenbush ball team clashed with the Estes Brook team at the local diamond on Sunday afternoon, the final score being 10 to 5 in favor of the home team.

Miss Ella Heruth, who has been working for Mrs. Garrison, is home. Miss Elvina Hartman is assisting

Mrs. Garrison with her house work. Clarence Johnson, Arthur Leander and Misses Alice and Edna Leander autoed to Cambridge on Sunday after-

Mr. and Mrs. A. Reiman called at Aug. Corde's on Thursday evening. Miss Clara Betzler, who has been staying with her sister, Mrs. R. Saxon

at Princeton, is home. The party at Willie Heruth's on Saturday evening was well attended.

#### WYANETT

Mr. and Mrs. And. Rust and son, Eder, motored to Atwater on Sunday, returning Monday. Mrs. Oscar Strong has been at the

home again. Mrs. E. R. Johnson and infant son, Donald, of Minneapolis, have been visiting at the L. Rust home a few Otto Grapentine home.

Northwestern hospital, but is well and

days. Mrs. Johnson will be remembered as Blanche Pierson. children and Mrs. E. R. Johnson and the Oscar Lungren home on Sunday. son visited Mrs. Aldrich Rust Thurs-

O. Stjernquist and family, Hans blad motored to Center City on Sunday. All report a good time with the

exception of a few "blowouts." Mrs. Lu Pierson visited at the L. the John Gates home on Friday even-

Rust home Wednesday.

and Miss Lena Ringwald of Chicago. John Chilstrom and family motored to Isanti on Sunday morning, return-

ing the same day. Viola Rust is visiting Miss Myrtle Norberg.

The ice cream social at the Swedish Boptist church on Friday evening was well attended and a large sum was taken in.

Andrew Rust, Mr. and Mrs. Louis Rust and family, Mr. and Mrs. Hans Rust and family, Mr. and Mrs. Peter Berg and John Sjodin visited at the O. Stjernquist home on Saturday evening. Ice cream and cake were served.

Hans Rust and family, O. Stjernquist and son, LeRoy, and Andrew Rust and family motored to Page on Sunday.

Elizabeth and Minnie Fischer, Mrs E. Swanson and Miss Lena Ringwald, Walter Arnholdt and Henry Fischer visited Louis Rust on Monday even

Walter Arnholdt of Minneapolis is visiting Henry Fischer.

Mr. and Mrs. Haline and Eric Pierson of Grandy visited at the Louis Rust home last Sunday.

#### OXBOW

Miss Annie Roadstrom visited in Minneapolis a few days last week. Mr. and Mrs. Arthur Radeke and Mrs. Bertha Radeke were Sunday vis-

itors at George Taylor's, Long Siding. Mr. and Mrs. Edward Hall and family were guests at John Neicen's on

Andrew Boe departed for his home in Bruno last Thursday.

Mr. and Mrs. Jas. Tomlinson and family and Mr. and Mrs. Lueck and family spent Friday evening at the Mr. and Mrs. John Meyers and fam-

ily, Mr. and Mrs. Edward Hall and Tompkins of Spencer Brook. Mrs. Peter Berg, Mrs. L. Rust and Mrs. John Gates and family visited at Miss Eva Steeves visited with Miss Ella Whitcomb last Friday afternoon.

Mrs. Arthur Steeves entertained the Rust and family, Mr. and Mrs. A. Sat- Ladies' Aid society last Thursday afterstrom and Mr. and Mrs. N. Lun- ternoon. There was a large attend- iting at present. ance of members and some visitors. A fine lunch was served.

A number of friends gathered at

ing to help their daughter, Dorothy, Mr. and Mrs. John Fischer and fam- celebrate her twelfth birthday anniily are entertaining Mrs. E. Swanson versary. The evening was pleasantly passed. Ice cream and cake were

#### DISTRICT NO. 50

School meeting passed off in district 50 very quietly. The old clerk was reelected and sufficient funds were voted for the needs of the school for the coming year.

Julius Egge was down from Milaca last week helping his brother, Selmer, put up his hay.

Mr. Kenedy and a banker from Milford, Iowa, were callers at the Stacey homestead last week.

Swan Olson's new barn is nearing completion and is an improvement to the looks of the farm. The roads across the flats are in

the best condition now that we have ever known them to be. The Sherburne county commission-

ers were viewing conditions around Cartwheel marsh last week with the view of getting the water off. There must be cattle rustlers in this

vicinity as we understand there is some stock missing out of some pas-The Elk River road is literally torn

to pieces by the auto traffic. Mr. Ray of Minneapolis is visiting

his cousins, Burlie and Ernest Camp-We notice quite a number of the

Baldwin boys called in the selective draft. There was a fine rain on Monday

night, breaking a very severe hot and dry spell which has done considerable damage to small grain and potatoes.

#### BLUE LAKE

Miss Annie Hannay of Baldwin visited friends in this vicinity Sunday. Mr. and Mrs. Wilson Foote of Princeton spent Saturday and Sunday at the home of Mr. and Mrs. Chas.

Miss Estella Schumacher and Herman Leonard were calling Sunday on Mrs. Henry Boeachner, nee Maggie Chapman, at the home of the latter's parents, Mr. and Mrs. John Chapman, where Mr. and Mrs. Boechner are vis-

James Bastian and Tom Hannay were callers at the Geo. Patten home Sunday afternoon.

Monday's cool wind and its splen-

